



Eppler Express

Monday, October 16	Thursday, October 19		
7th/8th Grade Volleyball vs Jean- nette @ Jeannette 4:00 pm	Evening Parent-Teacher Conferences / Full Day of School		
Chess Club in Ms. Byrons Room #19 2:15 - 3:15	UHAHHS Opening Celebration Utica High 3:30 pm		
Tuesday, October 17	Friday, October 20		
7th/8th Grade Footballl Eppler @ Davis 4:00 pm	Spririt Day: UofM / MSU Day		
	• 7th/8th Grade Volleyball vs Bemis @		
	Bemis 4:00 pm		
	Chieftain of the Month Lunch Loca-		
	tion Room 136 11:06-12:08 pm		
Wednesday, October 18	Saturday, October 21		
No School for K-12 Students	None		
	Sunday, October 22		
	None		





What's Inside:

What's Happening this Week at Eppler Upcoming Activities

Additional Information:

- School News & Information
- Sports Information
- Clubs & Organizations
- District News
- Activities/Community Ed
- In Case You Missed It
- Power School / Naviance
- Reward Programs

Important Websites and Resources:

- Counseling Information
- UHS Athletics Boosters
- Eppler Website
- Eppler Express
- PaySchools
- Student Handbook
- UCS District Website
- Report Bullying
- PowerSchool Portal / Information
- UCS District Calendar

School News & Information

Vision and Mission Statements

Our Vision Statement: Eppler Junior High School, in partnership with our community, will empower students to achieve their full potential and become productive contributors in a diverse society.

Eppler Junior High School Mission Statement: The Eppler community will collaborate to foster a safe, respectful, and inclusive learning environment that will inspire growth, excellence, and achievement.

Parent Access for Schoology

Parents/Guardians,

Did you know that you can have a parent account for your child's Schoology classes? You can access each of their classes, as well as the counseling department's Schoology page. The counseling page has many resources ranging from support groups and therapy to community resources for help with everyday problems. If you would like access to your child's Schoology account (this is different than PowerSchool), you can contact the main office at 586-797-2900 to request your child's 12-digit-code and instructions.

PARENT ACCESS DIRECTIONS FOR SCHOOLOGY

- 1. Go to www.schoology.com.
- 2. Click Sign Up at the top of the page and choose Parent.
- 3. Enter your Parent Access Code. This is the 12-digit code in xxxx-xxxx format
- To receive the 12-digit code, please contact the Main Office
- 5. Fill out the form with your information.
- 6. Click Register to complete.

When you use a Parent Access Code to create an account, you are automatically associated to your child. You can add additional children to your account using the Add Child button.

If your Parent Access Code does not allow you to register, or if the code does not have 12 digits, please contact techsupport@uticak12.org.

Life Skills Accepting Donations

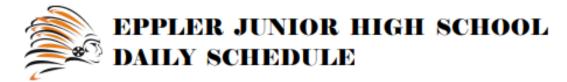
Mrs. Blanchard needs your help!! Every year the students love to cook, cook, cook, and I believe this is a wonderful experience for them. Not only are they learning basic cooking skills, they are also having a ton of fun. Unfortunately feeding 100 students can be rather expensive. Any donations from the list below would be greatly appreciated. You can drop them off to the main office, or have your student bring them to room 122. Thank you in advance for any and all help.

Below are the most commonly used items in our class:

Sugar (white or brown)	Marshmallows (large and mini)	
Rice Krispy cereal, Flour Soft Tortillas	Non-stick cooking spray	
Butter, Salsa	Flour, Ketch-up, BBQ Sauce, Ranch	
Cake Mixes, Syrup	Brownie Mixes, Frozen Strawberries	
Frosting, Bread Crumbs	Spaghetti Sauce	
Pizza Sauce, Wheat Germ	Chocolate Chips (white, dark, milk, cinnamon, etc.)	
Bisquick, Lasagna Noodles	Powdered Sugar	
ANY disinfectant cleaners for kitchens without bleach	Aluminum Foil	
Vegetable/Canola oil	Sandwich and gallon baggies	
Paper Plates or cups or silverware	Kleenex, Cupcake Liners	
Dish Soap, Antibacterial Wipes	Hand soap	

Other food items may need to be brought in over the semester if they chose to do a lab not assigned by me. Thank you in advance for your support.

-Mrs. Blanchard



1ST HOUR 7:20 a.m. – 8:17 a.m. 2ND HOUR 8:23 a.m. – 9:20 a.m. 3RD HOUR 9:26 a.m. – 10:23 a.m. 4TH HOUR 10:29 a.m. – 12:08 p.m.

A Lunch Lunch 10:29 a.m. – 11:00 a.m.

Class 11:06 a.m. - 12:08 p.m.

B Lunch Class 10:29 a.m. - 11:00 a.m.

Lunch 11:06 a.m. - 11:31 a.m.

Class 11:37 a.m. - 12:08 p.m.

Class 10:29 a.m. - 11:31 a.m.

Lunch 11:37 a.m. - 12:08 p.m.

5[™] HOUR 12:14 p.m. – 1:10 p.m. 6[™] HOUR 1:16 p.m. – 2:11 p.m.

EXAM DAY SCHEDULE

1ST EXAM 7:20 a.m. – 8:48 a.m 2ND EXAM 8:56 a.m. – 10:24 a.m.

BE PROMPT!



Eppler Junior High School

CELL PHONE/DEVICE POLICY

Throughout Entire Building at All Times, Including Before and After School

NO Pictures

NO Phone Calls

NO Texting

NO Social Media

***This includes Kik, Snapchat, Instagram, and ALL others

During School hours 8:00 - 2:51pm

Cell Phones/Electronic Devices must be placed in lockers for the entire school day and may not be used during the school day for <u>ANY REASON</u>.

Cell Phones/Electronic Devices <u>ARE NOT</u> allowed to be taken out of lockers during the school day, except for early release or permission from administration.

Cell Phones/Electronic Devices **ARE NOT** allowed in the lunchroom.

If you are found breaking Cell Phone/Device policy, your phone/device will be confiscated and brought to main office.

1 st Time			
• Taken to	• Taken to	• Taken to	• Taken to
Office	Office	Office	Office
• Parent must	 Parent must 	 Parent must 	 Parent must
pick up	pick up	pick up	pick up
	 After-School 	 Saturday 	• One-Day
	Detention	School	Suspension
			• Phone
			banned from
			building

Note: Eppler Junior High and UCS assume NO responsibility for theft, loss or damage of your device.

The student assumes full responsibility and brings the device at their own risk.



EVERY student must WEAR his or <u>her</u> student ID while on school grounds.

- · Student IDs must be worn and visible at all times.
- Student ID must be presented to any school staff member or person of authority upon request.
- The front and back of the ID cannot be altered. Defacing or altering the student ID is prohibited.
- · Wearing another student's ID card is prohibited.
- · Lost, stolen, altered, damaged, and/or defaced ID cards must be replaced immediately.

Students who fail to adhere to the above are subject to an <u>after school</u> detention and replacement fee.

\$5 ID REPLACEMENT for lost/broken IDs

3 times without ID = detention 6 times without ID = automatic \$5 ID replacement & Saturday School

If you are caught not wearing your badge in school 6 or more times, another badge will automatically be printed, and a \$5 fee will be placed on your student account to be paid. (EVEN IF YOU ALREADY HAVE A BADGE)

**Students who are insubordinate or persistently disobedient are subject to further school consequences.

Lunch Deliveries: REMINDER

Food Deliveries: Food that is delivered by a service such as Door Dash or Grub Hub will not be permitted at Eppler. due to school safety concerns and the disruption to the school day, we cannot accommodate such deliveries. we ask that all students bring their own lunch or buy a lunch from the cafeteria. If a student forgets their lunch, they may borrow against their lunch account in the cafeteria, or a parent may drop off a lunch for their student. However, if the food dropped off is from a restaurant, the student will be asked to eat it in the Main Office during their

lunch hour. Coffee, smoothies, and outside breakfast brought in the school in the morning must be consumed before going into first hour. This is the practice that takes place at the high school level and Eppler is aligning with Utica High in order to provide consistent expectations for our students. If you would like to apply for the free or reduced lunch program, or to establish a lunch account for your child, please click <a href="https://example.com/here-new-main-com/here-

Thank you for your understanding and we appreciate your support.

Dress Code Rules - REMINDER

Dress code:

Please address the following dress code items with your child:

- Hoods/hats are not to be worn in the building.
- Clothing must not show bare mid-drifts, shoulders, cut too low or any derogatory or drug/alcohol messages.

Student Drop-off after 7:20

Parents, please be aware that there is often no need to come into the building when you are dropping off your child at school if they are late or after an appointment. The only reasons we will require you to come into the building are if you are picking up your child, for which you will need ID, or if you are dropping off anything for your child, which we ask that you label for their pick-up. Other than that, please feel free to stay in your warm and dry vehicle (on cold and rainy days) and enjoy whatever you may be listening to from your playlist! Thank you!!

Parent Student Handbooks

Please use the following link to access the Parent and Student Handbooks for the 2023-2024 school year.

http://utica.ss9.sharpschool.com/handbook

Lost and Found

Have you seen the new and improved Lost and Found Display in the lobby near the Counseling Office? Stop by and check it out. Especially if you are missing a lunch box, water bottle, winter jacket, hoodie, or sweats.



Utica CSD 2023-2024 AP® Exam Registration

Join your 2023-2024 MyAP Classroom:

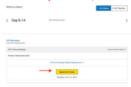
- All students will be able to join an AP® Classroom on the College Board MyAP at http://myap.collegeboard.org where they will be able to access College Board provided course resources and materials as well as an individualized performance dashboard.
- Teachers will be able to use the resources in the MyAP AP® Classroom for assignments, classroom activities, test and guizzes and more.
- Students will log into the MyAP site at http://myap.collegeboard.org with their College Board
 profiles and JOIN the AP® Class with a Join Code (access code) that will be distributed by
 teachers by September 22, 2023. (Simply click on "Join Exam/Class" and enter the code.)

How to register for 2023-2024 AP® Exams:

AP Exam Fees for 2023-2024 is \$102 per exam (\$150 per AP Capstone exam)

To register for the optional AP® Exams, the additional steps need to be completed:

- STEP 1: Activate Exam on MyAP -Students who have joined the AP Classroom on MyAP and choose to take the optional exam, must also activate the exam by clicking on the yellow "Register for Exam" button in the class dashboard.
 - o Deadline to activate your exam is September 22, 2023



- STEP 2: Submit Exam Deposit AP Exams are \$102 each (\$150 for AP Capstone Exams).
 Students who have an active exam on the MyAP System as of September 22 will receive on or around October 1 an invoice for a \$40 non-refundable deposit to be submitted to complete the exam order. Submit payment online or via mailing in a check or money order.
 - . Deposit must be submitted by October 31, 2023 to order an exam for May 2024.
 - BOTH the exam deposit payment AND exam activation steps MUST be completed by October 31, 2023 to have an active exam order.
 - LATE registration will open on November 16 with a penalty fee. NO payments or orders will be accepted or processed between November 1 and November 15, 2023.
- STEP 3: Submit Balance Due Students who successfully completed step 1 and 2 above by will receive a custom digital invoice for the balance of fees due. The invoice will be emailed in January. Deadline to submit the balance of fees due is February 16, 2024
- · Visit http://aptsusa.com/utica for more information

Utica CSD 2023-2024 AP® Exam Registration

Frequently Asked Questions:

What if I can't log into my College Board account?

- Don't create a new one! Each student should have only ONE College Board account which houses AP, PSAT and SAT scores and information. For log in help visit:
- https://pages.collegeboard.org/account-help or https://myap.collegeboard.org

What if I qualify for a fee reduction?

 All students regardless of status submit a \$40 deposit by October 31. Students who have successfully been approved for Free-Reduced Lunch status AND who sit for the exam in May will be eligible for a partial refund of \$35 per the MA State subsidies established for 2023-2024.

How do I submit the fees?

Exams are \$102 each (\$150 per AP Capstone Exam). You will receive a custom invoice for a
\$40 per exam deposit based on the exams you activated on MyAP. Payment can be submitted by
clicking the Pay Now button in the top left of the invoice OR by mailing in a check or money order.
(Instructions on the invoice.) A second invoice will be issued in January for the balance due. A
3.1% credit card processing fee is charged for debit/credit card payments.

I want to add an exam that is NOT on my invoice. What do I do?

- · Email info@aptsusa.com to request an updated invoice.
- You will need to confirm that you have also joined the College Board MyAP dashboard with the appropriate Join Code for your exam. Penalty fees apply for registering an exam as of November 16, 2023. FINAL Day to add an exam or make payments is February 16, 2024.

I want to cancel an exam that is on my invoice?

- Email info@aptsusa.com to request that exam be removed
- If you have already paid a deposit or fees for that exam, the refund amount will be adjusted based on the policy posted on http://aptsusa.com/utica

2023-2024 Important Deadlines:

Exam Activation Deadline

September 22, 2023

Exam Deposit Payment Due

October 31, 2023

Balance of Fees Due

February 16, 2024

FINAL Day for AP Registration (Final Payments or to add an order): Feb 16, 2024

For more information and details as well as assistance and support visit http://aptsusa.com/utica







Open House 23-24





The Eppler Junior High School yearbook captures today's memories to enjoy for a lifetime.

Don't miss out - reserve your copy today!

WAYS TO ORDER:



ONLINE JOSTENSYEARBOOKS.COM



SCAN



CALL 1.877.767.5217 8AM-5PM CST MONDAY-FRIDAY

OTHER HELPFUL INFO:

JOSTENSYEARBOOKS.COM

80003 Jostens, Inc. 23_1125038723

Thank You!!!

The Eppler staff would like to give a BIG thank you to Ms. Bluhm and Ms. Mansfield for putting together the pizza lunch for staff prior to the October 13 conferences. We would also like to thank Sam's Sorrento's Pizza in Utica for their generous donation of all the pizza.







Sindness Matters A WEEK IN REVIEW

Kindness Branches Out

Students and staff signed their name to a leaf pledging to be kind to one another and attached it to our kindness tree. The beautiful tree was created by Evelyn Urban and Daniella Najar.





Students colored placemats with positive messages which were donated to a local Meals-On-Wheels program to give to their special clients.



Dress Up Days

Each day staff and students were asked to dress up in a kindness theme. Thursday's participants wore their favorite music artist/band t-shirt to show KINDNESS ROCKS! Good job everyone!





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Door Decorating Contest

All 4th hour classes were given the challenge to decorate their classroom door in a design that promotes kindness. The three classrooms below won a pizza party. All of the doors were awesome!









Rooms 113/114 **Room 117**



Room 134

Guest Speaker

To start off our Kindness Matters Week, students saw a presentation by motivational speaker and magician, Anthony Grupido.



Students were able to color and fill out notes of appreciation for teachers and other school staff which were then delivered.



Special thanks to the AVID students who helped out!

Kindness Matters at Eppler.

Eppler & Utica Sports

Eppler 7th/8th Grade Football

UCS 7th & 8th GRADE FOOTBALL 2023

Game Times: @ 3:30 pm and 5:00 pm Stadium Game Times: 4:30pm & 6:30pm

Tuesday, September 19	Tuesday, September 26	Tuesday, October 3
Seneca @ Bemis	Anchor Bay North @ Bemis	Bemis @ Shelby
Romeo @ Malow	Malow @ Seneca	L'Anse Creuse Central @ Davis
L'Anse Creuse North @ Davis	Shelby @ Iroquois	L'Anse Creuse North @ Eppler
Eppler @ Wyandotte	Davis @ L'Anse Creuse East	Heritage @ Fraser
Anchor Bay South @ Heritage	Eppler @ L'Anse Creuse Central	Jeannette @ Anchor Bay South
Jeannette @ Algonquin	Heritage @ L'Anse Creuse South	Malow - Bye
scarnicate & Albondani		
Shelby - Bye	Fraser @ Jeannette	
		Tuesday, October 24
Shelby - Bye	Fraser @ Jeannette	,

ruesuay, October 10	ruesuay, October 17	Tuesuay, October 24
Bemis @ Romeo	Malow @ Bemis	Anchor Bay North @ Malow
Iroquois @ Malow	Shelby @ Anchor Bay North	Shelby @ Romeo
Seneca @ Shelby	Eppler @ Davis	Davis @ Jeannette R
Davis @ Wyandotte	Algonquin @ Heritage	Heritage @ Eppler SW
L'Anse Creuse East @ Eppler	L'Anse Creuse South @ Jeannette	Bemis - Bye
Jeannette @ Heritage		

Monday, October 30	Wednesday, November 1
Bemis @ Iroquois	Malow @ Shelby SW

Davis, Eppler, Heritage,

Jeannette - Bye

R: Runkel Field

SW: Swinehart Field

UCS 7th & 8th Grade Volleyball Fall - 2023

Game Time: 4:00 - 1st game, 2nd to follow

September 18 – October 9: 8th grade game followed by the 7th grade game October 11 – November 1: 7th grade game followed by the 8th grade game

Monday, September 18

Davis @ Heritage Bemis @ Jeannette Shelby @ Malow Bye: Eppler

Wednesday, September 27

Malow @ Bemis Jeannette @ Davis Heritage @ Eppler

Bye: Shelby

Monday, October 9

Davis @ Shelby Eppler @ Malow Heritage @ Jeannette

Bye: Bemis

Friday, October 20

Eppler @ Bemis Heritage @ Shelby Jeannette @ Malow

Bye: Davis

Monday, October 30

Shelby @ Jeannette Bemis @ Heritage Davis @ Eppler Bye: Malow Thursday, September 21

Jeannette @ Eppler Malow @ Davis Shelby @ Bemis Bye: Heritage

Monday, October 2

Heritage @ Malow Eppler @ Shelby Davis @ Bemis Bye: Jeannette

Wednesday, October 11

Heritage @ Davis Jeannette @ Bemis Malow @ Shelby Bye: Eppler

Monday, October 23

Bemis @ Malow Davis @ Jeannette Eppler @ Heritage Bye: Shelby

Wednesday, November 1

Shelby @ Davis Malow @ Eppler Jeannette @ Heritage

Bye: Bemis

Monday, September 25

Bemis @ Eppler Shelby @ Heritage Malow @ Jeannette

Bye: Davis

Wednesday, October 4

Jeannette @ Shelby Heritage @ Bemis Eppler @ Davis Bye: Malow

Monday, October 16

Eppler @ Jeannette Davis @ Malow Bemis @ Shelby Bye: Heritage

Wednesday, October 25

Malow @ Heritage Shelby @ Eppler Bemis @ Davis Bye: Jeannette



Utica High School Boys Preseason Basketball Meeting

Who: All boys interested in trying out for Freshmen, JV and Varsity Boys Basketball (Parents/Guardians are encouraged to attend)

When: Monday October 23rd, 2023 @ 7pm

Where: Utica High School in the Main Gym (Enter through Door #5)

Please use the following Microsoft Forms QR code to sign up for tryouts and provide us with your information



Reward Programs

Calling All Shoppers!

Eppler has a reward program at Kroger. All you have to do is shop, swipe your card, and Eppler gets cash back! The Kroger Community Rewards program makes fundraising easy by donating based on the shopping you do every day. Once you link your Card all you have to do is shop at Kroger and swipe your Shopper's Card. Here's how:



- Go to www.krogercommunityrewards.com
- Click Sign in the upper right-hand corner
- Put the email address and password used to enroll your card
- Go to "Savings & Rewards", then "Kroger Community Rewards", I'm a Customer"
- Enter the group number EJ598 or search Eppler Junior High School
- Click on the organization then click "Enroll"

NJHS - Planet Green Fundraiser



Thank you to all who have donated to Planet Green! We have raised over \$400 over the last couple of years by recycling used ink cartridges and electronics! Planet Green is no longer accepting used electronics. They are only accepting ink cartridges. Please continue to send those into Mrs. Byron in room 19! Thank you!

NJHS is doing a yearlong fundraiser with Planet Green. Please send in Inkjet cartridges (NO toner or laser cartridges) to room 19. NJHS sends them to Planet Green, and then Planet Green sends Eppler a check! This fundraiser helps the environment and our school! NJHS members can receive one hour for every 5 items, but everybody is encouraged to participate!

Eppler Clubs & Organizations

We Need Volunteers

We still have a couple of clubs/organizations without sponsors and could use YOUR help in re-launching these groups to give interested students a wonderful opportunity!

Please contact Mr. Pantano at gerard.pantano@uticak12.org if interested in helping with:



Robotics Club



Cultural Diversity Club

Eppler Booster Club

We need you!! Please help!!

The Eppler Athletics Boosters are looking for a few good volunteers! Unfortunately, if we do not get any volunteers, we will have to shut down the group. The boosters have been an integral part of many improvements at the school - water filling stations, providing needed equipment for teams, gym decor update, end of season pizza parties for all teams, just to name a few. Most importantly, we are also in need of a

parent or couple of parents that can be responsible for the concession stands at the home games.

If you are interested in either please contact Mr. Paul at eric.paul@uticak12.org

JOIN THE BOOSTER CLUB

Eppler Parent Involvement Committee (EPIC)

The following is a list of dates and times of the Eppler Parent Involvement Committee (EPIC) meetings throughout the school year. All parents are invited and welcome to attend. All meeting will be held in the Media Center from 9:00—10:00 am. We look forward to seeing you!

Monday, September 25 Tuesday, October 24 Tuesday, November 14 Wednesday, December 13 Tuesday, January 23 Wednesday, February 28 Monday, March 18 Tuesday, April 23 Tuesday, May 21

9th Grade NJHS Members

<u>Current 9th grade NJHS members:</u> Meeting Dates for this year are listed below. Meetings are MANDATORY per NJHS guidelines. If you miss 2 meetings, you may be removed from NJHS. If you are sick or have proper documentation, this does excuse you from a meeting however, you need to communicate with me that you will be missing a meeting. Meetings will be **AFTERNOON ONLY** this year from 2:11pm to roughly 2:35pm. Make sure that you are checking our schoology page regularly for updates. Please contact me at scarlet.gleason@uticak12.org if you have any questions.

Thursday September 28 Monday, October 30 Thursday, January 18



Thursday, February 29 Thursday, March 21 Thursday, April 11 Thursday, May 23

Student Council

Congratulations to our new Student Council Members! We look forward to a fun school year. Our first meeting is tomorrow, September 12th. You can come in the morning at 7:00 or in the afternoon at 2:15. We will meet in Ms. Berg's classroom, Room 107, for both meetings.

Student Council Meeting Dates (subject to change)
Meetings will be held 7:00 am and 2:15 pm in Room 107 or Room 120

Tuesday September 12 Tuesday October 3 Thursday, November 21 Tuesday, December 12 Tuesday, January 23 Tuesday, February 6 Tuesday, March 12 Thursday, April 16

EPPLER JUNIOR HIGH AFTER-SCHOOL HOMEWORK CLUB

At Eppler Junior High School, we want to help your child have a successful school year. The Homework Club will be available on **Tuesdays and Thursdays** from 2:20 PM to 3:20 PM in the Eppler Media Center. Students can use this time to get academic assistance, complete assignments, work on projects, and/or study for tests. A few high school tutors are usually available. Students can ask the teacher in charge if there are tutors available that day.

Each student should bring all necessary materials and books to the media center by 2:20 PM. <u>Please be advised that if a student comes to Homework Club with nothing to work on, he/she will not be admitted to Homework Club that day</u>. All students will be expected to remain in the Media Center until 3:20 PM. Students will need to sign in each day that they participate. Students need to arrange for their own transportation home.

If you would like your child to be able to attend Homework Club, please complete the bottom portion of this form and have your child bring it with him/her the first time they attend Homework Club (only one slip is needed, and the student may come as often as they like for the school year). Phone calls and other notes will not be accepted in place of this signed permission slip.

If you have any questions regarding Homework Club, please contact your child's school counselor (Last names A-K: April.Raupp@uticak12.org / Last names L-Z: Autumn.Blanchard@uticak12.org).



EPPLER HOMEWORK CLUB PERMISSION SLIP



My child, (please print)_	, grade, has my permission	to
participate in Homework Club. I u	nderstand that it is my responsibility to provide transportation i	for
my child at the end of the session.]	My child understands that it is his/her responsibility to arrive	e 011
time, to bring all necessary materia	als to the Media Center, and to be prepared to work. My chi	1đ
also understands that Eppler Junior	High school rules apply and will be enforced. Misbehavior can	n
0 1	ipant in the Homework Club. Students will sign in, and if I ev nce, I will contact my child's school counselor.	er
Parent/Guardian Signature:	Date:	_
Student Signature:		

Eppler Chess Club

Chess Club is starting up again! Our first meeting is September 25 in Mrs. Byron's room, 19. We will meet from 2:15-3:15. Please make sure your student is picked up by 3:20. You can pick up an informational flyer in Mrs. Byron's room.

Eppler Elephants Chess Club

"We stomp on our competition"

Teacher Advisor: Mrs. Byron renee.byron@uticak12.org

Coaches: Braden Cheung and Marwan Hassan Cheung B@stu.uticak12.org

HassanM1@stu.uticak12.org

club at 3:15*

When: Mondays after school from 2:15-3:15 in room 19 beginning September 25

Braden and Marwan will teach you how to play chess, and if you already know how, they will show you various techniques to elevate your game (and your chess rating!)

Please return the bottom portion of this form.

	parent phone	
Student's chess background:		
Student's math teacher	hour	
(in case I need to relay information abou	it chess practice)	
*please make sure that your student is	picked up at 3:20. We will dismiss chess	

PowerSchool/Naviance/Text Messaging Service

PowerSchool- Click here to go to the district's PowerSchool website

Parent Portal Access through PowerSchool

PowerSchool is the district's student information system used for scheduling, attendance, grades, and delivery of report cards. Please find more information below on how to create and access your Parent Portal Account.

To login, visit: http://ps.ucs.misd.net/public

Due to an update to PowerSchool, parents who had a PowerSchool account prior to August 2, 2022 must reset their password to login. Please follow these directions to update your password.

Below are useful documents for you to reference and take full advantage of PowerSchool:

Parents: Create a Parent Portal Account

Helpful Tips for our PowerSchool Parent Portal: Click here for info on how to reset your password.

PowerSchool Mobile App:

- 1. Download the PowerSchool Parent App through your device's GooglePlay or Apple App Store.
- 2. Enter the UCS district code: NKDJ (all capitalized)
- 3. When logging in through your mobile app, you will use the same username/password that you use to login through your desktop.

Questions? Contact your home school to help with your PowerSchool guestions.

Text Messaging Service

Utica Community Schools Text Messaging Service

Utica Community Schools offers a texting service for parents. The service allows parents to receive important information such as school closings, safety alerts, school reminders and more, directly from their school(s) on a mobile device.

Newly enrolled UCS parents will receive a text message from the district that reads:

"Utica Community Schools messages. Reply Y to confirm, HELP 4 info. Msg&data rates may apply. Msg freq varies. schoolmessenger.com/tm"

To receive the free* text messages, simply reply "Y" or "Yes" to the message.

Even if you have not received a UCS message to join, parents may opt in by texting "Y" or "Yes" to the short code 67587.

Parents may opt out at any time by replying "Stop" to one of the messages.

*Terms and Conditions: Message frequency varies. Standard message and data rates may apply.

Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See schoolmessenger.com/but for more info.





Monday, October 23	Thursday, October 26
 7th/8th Grade Volleyball vs Heritage @ Heritage 4:00 pm Chess Club in Ms. Byrons Room #19 2:15 - 3:15 	• None.
Tuesday, October 24	Friday, October 27
Epic Meeting MC Concerence Room 9:00 - 10:00 am	Picture Re-Take Day
7th/8th Grade Football Heritage @ Eppler 4:00 pm PINK OUT GAME	First Marking Period Ends
Wednesday, October 25	Saturday, October 28
7th/8th Grade Volleyball vs Shelby @ Eppler 4:00 pm	None
	Sunday, October 29
	None

Click here to view the 2023-2024 District Calendar

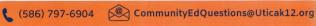
District News





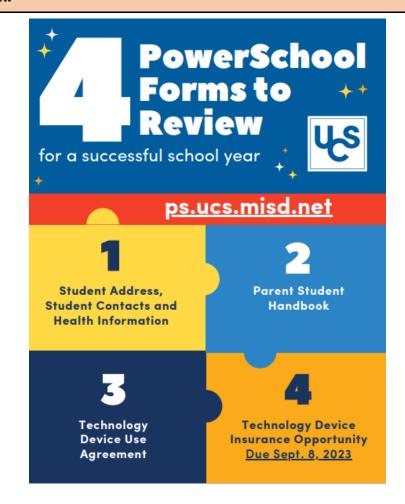
- Extra Income at Competitive Pay Rates
- Convenient Locations
- Morning and Afternoon Shifts

APPLY TODAY! CONTACT JENELLE DUBEY -



*Every 10 workdays (based on your regular shift), you are eligible to receive a \$100 stipend

PowerSchool Forms to Review





Utica High School Academy for Health and Human Services



Thursday, Oct. 19 at 3:30 p.m. 47255 Shelby Road in Shelby Township

This event will celebrate the opening of the
Utica High School Academy for Health and Human Services
and provide the community with an inside look at
Utica Community Schools newest academy.



What students and parents are saving

"The counselor was wonderful...very interested in helping to place my son where he should be. Thanks!!"

"The yelling has stopped and the talking has started."

"CARE is very responsive to the needs of the clients and I think it is a very good agency. I would one day like to work for CARE."

Resources

Macomb County Crisis Center: 586-948-0222

National Suicide Prevention LIFELINE: 800-273-TALK (8255)

Alateen/Alanon Family Groups: 800-813-3105

Affirmations (L.G.B.T.Q.): 248-398-7105

Family Youth Interventions/Youth Shelter: 586-465-1212

Polson Control Center: 800-222-12220

Macomb County Office of Substance Abuse (MCOSA): 586-469-5278

Substance Abuse Prevention websites

www.mcosa.net www.abovetheinfluence.com www.thetruth.com www.drugabuse.gov

care

OF SOUTHEASTERN MICHIGAN

Main Office 31900 Utica Road Fraser, Michigan 48026

586.541.CARE (2273) www.careofsem.com



SCAN HERE TO KNOW MORE ABOUT US

Our mission is to strengthen realilency in people and their communities through prevention, education, and services that improve the quality of life. Since 1977, CARE of Southeastern Michigan has been a leader in substance use prevention and recovery services in Macomb County. An accredited and awardwinning behavioral health nonprofit rooted in the community, CARE provides real-life solutions from early childhood to adulthood so we can live healthier live.

CARE of Southeastern Michigan is funded by Macomb County Community Mental Health Office of Substance Abuse, Macomb County achool districts, state, federal and other private dollars.

Recipients of substance abuse services have rights protected by state and federal law and promulgated rules. For information, contact CARE of Southeastern Michigan Recipient Rights Advisor, 31900 Ution Road, Frasor, M. 48026, (856) 541-2273 or State Recipient Rights Coordinator, P.O. Box 30864, Lansing, Michigan Agency

STUDENT

ASSISTANCE



CARE invests in youth by working with the community, school personnel and parents to promote the healthy development and education of young people.





CARE's Student Assistance

- Does your child/student have difficulties at school or in other social settings?
- Have you noticed a change in your child's/student's behaviors and/or attitudes?
- Are you concerned that your child/ student may be using alcohol or other drugs?

CARE of Southeastern Michigan understands the struggles that families are facing today. Despite all efforts, when a family is in crisis because of substance use or social and emotional health concerns, there is a greater likelihood that a young person will experience difficulties. Student Assistance offers students and their families guidance and support

stoden Assistance clinicalis specialize in a risk issues such as substance abuse and mental health problems. A qualified Clinician will conduct initial screenings and assessments to determine the extent of a student's problems and provide resources to best help the student and their family. Students and families will receive assistance in gaining access to the most appropriate service for their area of concern.

Youth and Family Programs

Visit www.careofsem.com for locations, times, and dates for all programs.

Peaceful Alternatives to Tough Situations (PATTS):

An educational series to help youth deal with their emotions in appropriate ways by understanding their own resources and developing their own plan of action with skills that really work!

Teen Intervene:

Power of Drugs and Alcohol is a series designed to provide education, support and guidance to teens that have experienced mild to moderate use of alcohol or other drugs. This program also offers parents and guardians the opportunity to learn healthy communication skills and importance of establishing family rules regarding alcohol or other drug use. * Parent particloation required

Parent Education Classes:

A series for parents to discuss ways to understand behavior, build self-esteem, increase cooperation and provide discipline that teaches personal responsibility, Groups include early childhood (ages 0-5), school age (ages 6-12) and teens (ages 13-18). A book for the appropriate age group is required.



INDEPTH:

NDEPTH is the American Lung Association's Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health program. A forward-thinking alternative to suspension or citation for tobacco use, including e-cigarettes, INDEPTH addresses the teen vaping epidemic in a more supportive way. This interactive program teaches students about nicotine dependence, establishing healthy alternatives and making the change to be free of all tobacco products, including e-cigarettes. INDEPTH is led by a trained, CARE facilitator either one-on-one or in a group setting.

Camp CARE:

This program is offered for children/families who have been impacted by alcohol and other drugs by a loved one. Through small group discussions, children, youth and teens learn: You are not alone, identify and process feelings, how to be safe, celebrate themselves, how to handle peer pressure, conflict resolution, making healthy choices, and life skill building.

Teens Talking Truth:

1º participates in social events, community service opportunities, and workshops that address the challenges of today's youth, with a primary focus on alcohol, tobacco and other drug prevention and a healthy teen liffestyle. 1º also works to get rid of the myth that all teens require drugs or alcohol to have fun!



Ok2Say



Dear Parent or Guardian:

Our school will be hosting a Zoom presentation on OK2SAY – Michigan's student safety program for students in 7th grade on October 27, 2023, during 2nd hour.

The program is designed to inform students how they can help make their school and community safer by reporting dangerous and concerning behaviors to a trusted adult or OK2SAY.

Students in 6th – 8th grade learn about the program's purpose and how the tipline operates, including what incidents can be reported, how to submit a tip, and the actions taken after a tip is received. Students are encouraged to examine their behaviors and make smart and thoughtful decisions both online and off. The presentation discusses many issues that impact middle school students including bullying, cyberbullying, mental health issues, self-harm, suicide thoughts, sexting/sextortion, types of abuse, and the predator threat. Throughout the presentation, students are encouraged to stand up for themselves and their peers and always to be mindful of the power of their words. Please take a moment to review the videos featured in the presentation.

Additional information and resources are available at OK2SAY(ok2say.com).

If you do NOT want your child to participate, email your student's counselor by Tuesday, October 24, 2023.

Mrs. Raupp - A-K april.raupp@uticak12.org

Mrs. Blanchard - L-Z autumn.blanchard@uticak12.org

Care Solace

Eppler students, staff, and families can use Care Solace to quickly connect to verified mental health and substance abuse treatment providers in our community.

Care Solace can connect you directly to their support staff when you call them at 888.515.0595 or you can search anonymously at www.caresolace.com/utica. You can also seek assistance from your student's counselor.

The Care Solace team is available 24/7/365 and can support you in any language.

UCS Calming Room for Students

Students – Check out and explore the new Virtual Calming Room by UCS. Click the link below, and **then click on the Calming Room icon**. THANK YOU!

It has tons of ways to relax and de-stress before exams (and after):

*Coloring and creativity

*Guided meditation

*Puzzles and games

*Exercise

*Live animal cameras

*Visual relaxation

*Smartphone apps

*Sounds and music

*Mindfulness

*Yoga



UCS Calming Room - Utica Community Schools (uticak12.org)

Check out Monday Moments, COVID-19 Support Services, Macomb Food Program and more at: www.uticak12.org/UCS Wellness

UCS Wellness Podcast

The UCS Wellness team is happy to announce the 13th episode of our podcast series featuring Matt Cecil, Jeannette Junior High physical education teacher with host, Erin Chambers, Shelby Junior High physical education and health teacher. This two-part series will inform listeners how to increase their focus and decrease their stress. These podcasts are available on the UCS Wellness page. UCS Wellness - Utica Community Schools. The 13th podcast in the series is Managing Components of Biology.

Below is a list of the podcasts available on the Wellness page:

- Mental Health with guest, Nancy Buyle
- Grief and the Grieving Process for Children
- Family Communication
- CARE of Southeastern Michigan
- Discussing Dating Violence with Turning Point
- Tackling Tough Topics with the Macomb County Sheriff's Office
- Our Youth and Vaping
- Youth and Suicide Prevention
- The Detour Project
- Self-Regulation Strategies
- Teen Mental Health and Wellness
- Raising an Intuitive Eater
- Managing Components of Biology (two-part series)
- Raising an Intuitive Eater

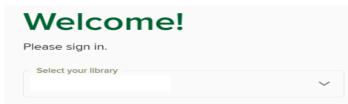
Virtual Library Card

Students and staff can access their Virtual Library account located on their ClassLink dashboard. The Virtual Library Card gives students access to digital resources from the local library and the virtual library card - Tutor.com provides online tutoring and homework help for students.



Student Virtual Library Card

- 1. Click on the Virtual Library Card icon from the ClassLink dashboard.
- 2. Select the library assigned to your homeschool



3. Enter in your Virtual Library Card number and pin

Virtual Library Card number = UCS followed by the Student PowerSchool Number

PIN = MMDD (birth month and birth day)



4. Click Sign in



Sterling Heights Library	Shelby Township Library	Utica Public Library	Clinton-Macomb Public Library
Bemis	Beacon Tree	Eppler	Beck
Browning	Crissman	Flickinger	Ebeling
Burr	Duncan		
Collins	Eisenhower		
Davis	Malow		
DeKeyser	Monfort		
Dresden	Morgan		
Graebner	Roberts		
Harvey	Shelby		
Havel	Switzer		
Henry Ford II	Utica High		
Heritage	West Utica		
Jeannette	Wiley		
Messmore			
Oakbrook			
Plumbrook			
Schuchard			
Schwarzkoff			
Stevenson			
UAIS			
Utica Alternative Learning Center			
Virtual School (Elementary, Junior			
High, High School)			

* PODCAST

FREE Online Tutoring

Do you need one-on-one help with your homework?

To access the free tutoring:

- On your ClassLink dashboard, select **Virtual Library Card Tutor.com** (the orange icon with the letter "t" on it).
 - You will need your PowerSchool number to log in. You can email your counselor to ask for your PowerSchool number (Marla.Ostrom@UticaK12.org or Autumn.Blanchard@UticaK12.org). To log in:
 - Barcode: ucs######### (ucs followed by PowerSchool number)
 - Your password is your 2-digit birth month and 2-digit birth day (example 0408 for April 8)
 - Choose GET A TUTOR NOW. If you want a short tutorial on how the site works, you can select Take the tour.



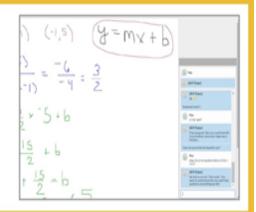
CONNECT WITH A TUTOR

Connect to a tutor quickly and easily. Select your topic, subject and grade level. Then, to get the best tutor for your problem, type out your question and, if you have a file or picture, attach it to your request.

02

CHAT WITH YOUR TUTOR

Use our online classroom to chat with your tutor and share your work on the whiteboard. You and the tutor can draw, type, paste images and use graph paper on the interactive whiteboard.



03

Virtual Library Card - Tutor.com

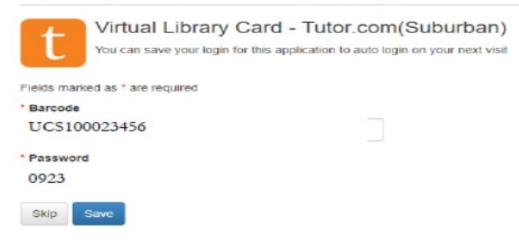
 Click on the Virtual Library Card Tutor.com icon from the ClassLink dashboard.



2. Enter in your Virtual Library Card Tutor.com number and pin

Virtual Library Card Tutor.com number = UCS followed by the Student PowerSchool Number PIN = MMDD (birth month and birth day)

Would you like to save your login?



4. Click Save

UCS Meals Are Nutritious And Delicious!

- UCS cafeterias offer a wide variety of different food choices to meet your student's needs
- We serve the same <u>brand named</u> products, like Tyson, Land-O-Lakes and Jennie-O, that you do you in your homes
- Meals follow federal guidelines for nutrition
- Meals include a variety of fresh fruit, vegetables, whole grains, low fat meat and dairy as well as low fat and fat free milk
- To qualify for free and reduced meals students must take at least 1/2 cup fruit or vegetable with a meal.
- Breakfast meals include up to 2 grains, up to 2 fruits and a milk. Must take at least 1/2 cup fruit or vegetable with 2 more items to qualify.
- Lunch meals include a grain, meat/meat alternate, vegetable, fruit & milk. Must take 3 out of 5 with one being 1/2 cup fruit or vegetable to qualify.
- We watch our saturated fat and sodium levels to help support our student's health needs
- Visit the Healthy Meals at School page to learn more about meal requirements

"Hey Alexa, what's for lunch?"

UCS's School Menus are digitally accessible on all devices as well as Amazon's Alexa!

<u>Customize</u>, <u>view and print all school menus by clicking here or</u> <u>visiting https://uticak12.nutrislice.com</u>

Free and Reduced Lunch Applications

Last year's free & reduced applications will expire on Friday, October 13, 2023.

As required by federal guidelines, students without an approved 2023-2024 Free and Reduced Meal Application on file will not be eligible to receive additional benefits such as EBT assistance, reduced pay to participate and AP test fees, and other items beginning October 14th. Families must fill out a new application form located at https://utica.familyportal.cloud as soon as possible in order for benefits to continue.

If there are any questions, please call the Office of Food and Nutrition Services at 586-797-1180.



All meals are free this year thanks to the Michigan School Meals law. Students that would like to be eligible for benefits, such as pay-to-participate sports, college entrance/AP testing fees, summer EBT cards and more need to complete the Eligibility Benefits Form or the School Meals and Summer EBT Form. These forms are available at https://utica.familyportal.cloud.

Allergens Form

We take food allergies and student safety very seriously. If your student has any food allergies, please have your physician fill out the MDE Dietary Needs Form and return it to the food service office. MDE Special Diet Form.

- 1- You must fill out a physician signed MDE Special Needs Accommodation form and send it to the Food Service office. Without this, we cannot make any accommodations. Please make sure to be specific with regards to the allergy (Example: all dairy or just fluid milk intolerance, etc.)
- 2-Because allergies can change, you MUST fill out a new form EVERY YEAR.
- 3- You must indicate to your child's school which days and which menu item you would like at least 48 hours in advance. We will not automatically have these available if we do not hear from parents in advance.
- 4-A vegetarian and nut free options are available every day, so please see the regular menu.
- 5-Juice or water are not acceptable substitutes per UŚDA guidelines. At this time, we have Kikkoman Soy milk as a substitute. You're welcome to send in your own milk with your child if they don't like it.
- 6-We will do the best we can to accommodate other requests but there may be some limitations. For questions, please call our food service office at 586-797-1180



Art Box Studio-Drawing Grades 5th-8th

Strengthen drawing skills and challenge your creativity. A variety of media, such as, graphite, charcoal, ink and more will be introduced. Students encouraged to utilize self-expression. Develop an understanding of line, shape, value, form, perspective and composition. Beginner through Advanced and Returning students are welcome. Bring sketchbook and pencil.

Questions Contact:

communityedquestions@uticak12.org

or ArtBoxStudio4u@gmail.com www.ArtBoxStudioLLC.com

6071-F23A Tues. 9/26 - 10/24/23 Drawing @ Eppler Jr. High 6:00-7:30pm 6071-F23B Tues. 11/14 - 12/12/23 Drawing @ Eppler Jr. High 6:00-7:30pm Tuition: \$97 5wks. New Experience each session!!!

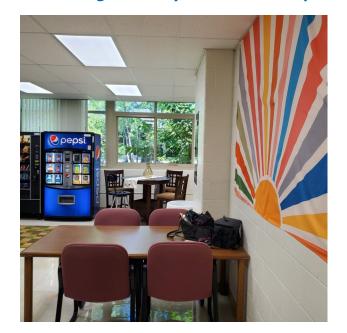


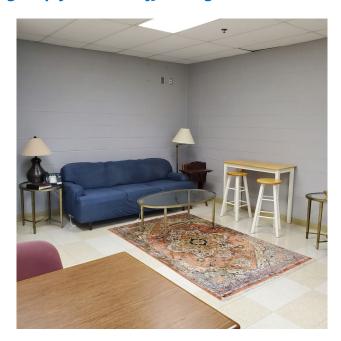
Register Online: ucscommunityeducation.ce.eleyo.com or 586-797-6900
UCS Community Education 38901 Dodge Park Sterling Heights, MI 48312

Thank you staff, students and parents!! We had a fun and successful first week at Eppler.



A huge thank you to our EPIC parent group for the Staff Lounge make over.







Thank you to our football, volleyball, and student council members for participating in the annual Homecoming Parade. Beautiful weather, fun times and great memories for all.















Each month staff members nominate kids they catch doing random acts of kindness. These are students who are not being asked to do anything, they just graciously do it out of the goodness of their hearts. Then once a month the counselors go into the classrooms and reward these students for their kind gesture. This months nominees were:

Tommy Mercario, Alexander Moore, Aleyna Margilaj, Layleigh Monroe, Madilyn Backus, McKenna Jordan, Tristan Taepke, Justin Nrecaj, Charlie Hinton, Hope Jasmund, James Bishop, Karly Ingals, Gavin Camp, Jaxson Readett, Jacob Koja, Christian Priester

Thank you to all of the nominees and keep up the kindness

Chieftain of the Month

Congrats to our September Chieftains of the Month!

Alexander Sesi, Joshua Hayes, Justin Nrecaj, Tristyn Taepke, Christian Wilson-Hardwick, Peyton Combs, Gabriella Still, Samantha Gott, Emma Stone, Alyssa Martin, ,Karly Ingalls, Kylee Backus

